



Illinois Agri-Women Coffee Chats – 2024
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Cheryl Mitchell

Professional Speaker



When a person looks back over the course of their life, they see it is not a straight line. It is a messy path, and with common threads. Threads that are seeds that were planted and became rooted. Those roots took hold and continue to grow deep and wide and strong to hold up the twists and turns of a career and life.

Cheryl Mitchell calls Jasper County, Illinois home. Growing up on a dairy farm, agriculture was woven into her core, and remains one of her essential life themes. The values at the heart of

agricultural resonate with her deeply: a profound respect and awe of nature and a commitment to responsibly utilize our earth's resources.

People engagement is also deeply rooted through every-single-aspect of Cheryl's life. Empathy drives her natural inclination to engage with people. It fundamentally drives her to guide people towards positive change. She believes connection and being heard motivate people to problem solve and seek transformation. With more than 30 years of leadership development, training, and public speaking experience, she has inspired thousands of her fellow humans to seek positive transformation in their personal and professional capacities!

She is unique. She has flourished in public, private, parochial, and higher education; succeeded in corporate America; thrived in the non-profit, entrepreneurial as well as the technology space, yet all the while staying intimately involved in Agriculture in a variety of roles. She is a Professional Keynote Speaker, Executive Coach and Host of 'Crossing the Line' Podcast. Her humor, warmth and casual candor builds trust and invites participation.

While all these things drive Cheryl, her greatest joy will always be, as a single mom, raising her two sons: Doug, a firefighter/paramedic for the Lexington, Kentucky Fire Department; and Ben, Deputy Sheriff, Mesa County, Colorado.

